



Central Michigan District Health Department
“Promoting Healthy Families, Healthy Communities”

For more information, call your local CMDHD branch office:

Arenac (989) 846-6541/Clare (989) 539-6731/Gladwin (989) 426-9431/
Isabella (989) 773-5921/Osceola (231) 832-5532/Roscommon (989) 366-9166

www.cmdhd.org

Metrogel Vaginal

Metrogel Vaginal is a vaginal gel used to treat Bacterial Vaginosis. It should be applied once a day at bedtime. This medicine will not work for vaginal yeast infections.

Metrogel should not be used if:

- You have a prior history of a reaction to Metronidazole
- You have taken Antabuse within the previous two weeks
- You have a history of seizures, a central nervous system disorder, liver disease, a low white blood cell count, or are taking blood thinners, Lithium, Tagamet, or seizure medication
- If you are pregnant or breastfeeding
- You are taking alcohol containing medicines: Nyquil, Geritol, or drinking alcohol in any other form.

Do not drink alcohol, breastfeed or have unprotected sex during the course of this treatment. If used with alcohol, severe nausea, vomiting, abdominal cramping and flushing could occur.

Some side effects of Metrogel include:

- Abdominal cramps
- Loose stools
- Mild vaginal burning
- Increased vaginal discharge
- Yeast infections
- Dry mouth
- Headaches
- Dizzy, light headed
- Metallic taste
- Feelings of furry tongue

Directions for the use of this medication:

- Wash your hands before and after using this medication
- Fill the applicator as directed until applicator is full.
- Insert filled applicator into vagina and slowly press plunger
- Withdraw applicator
- Clean applicator with warm soapy water, rinse.
- Use one applicator at bedtime for 5 days unless directed otherwise by your health care provider.

Missed dose:

If you miss a dose of this medicine, use it as soon as possible, however, if it is almost time for your next dose, skip the missed dose and resume your regular schedule.

Special Instructions:

- Vaginal medicines usually leak out of the vagina during treatment. Wear a minipad/panty liner to protect your clothing.
- Do not use tampons.
- To prevent the infection from returning:
 - Wear cotton panties or cotton crotch panties/panty hose
 - Wash panties in hot water
 - Avoid wearing snug fitting panties to bed.
- Do not have intercourse while using this medication.