

Date: May 24, 2010

To: Healthcare Providers  
Central Michigan Area

From: Robert Graham, DO, MPH, FAAFP  
Medical Director  
Central Michigan District Health Department

Re: Case of Meningitis

This morning the Central Michigan District Health Department was notified of a case of meningitis in a student of the Farwell Public Schools. The student is currently hospitalized. The student's current status is unknown at this time.

A notice to parents of the Farwell Public Schools is being sent home with students today.

The preliminary tests suggest but do not confirm the cause to be bacterial. The organism has not been identified but gram negative cocci were found in the CSF.

If you decide to give prophylactic treatment to a contact of the case please consider the following regimen for the contacts:

Rifampin is the drug of choice for most situations: for children less than one month of age give 5mg/kg orally q 12 hours for four doses; for children one month of age and older give 10mg/kg orally q 12 hours for four doses up to 600 mg per dose.

Ceftriaxone can be given IM at 125 mg in a single dose for children 15 years of age or younger; for people over 15 years of age give 250 mg IM in a single dose.

Ciprofloxacin is for people 18 years of age or older. Give 500 mg orally in a single dose.

A person that should be considered for prophylaxis include close personal friends but not all classmates, household contacts, people that have shared eating utensils, and people that have shared drinks with a case of meningitis.

Please report any suspected cases of meningitis to the Central Michigan District Health Department at 989-773-5921 ext. 8434. You can also contact me at 989-506-7911.