

>>> NEWSLETTER <<<

CMDHD Today

CENTRAL MICHIGAN DISTRICT HEALTH DEPARTMENT



TOP NEWS

**CMDHD offering
FREE Radon test
kits with donation
during January**

>>> **Read More**

January is Radon Action Month, and CMDHD's Environmental Health offices are offering \$5 home radon test kits. If you donate a nonperishable food item in January through our "Give a Can & Get a Kit!" event, your home radon test kit is free. All food donations and radon test kit fees collected this month will be given to local food pantries.

Read More <<<

Isabella Substance Awareness Coalition is holding a Medication Take Back Event at CMDHD's Mt. Pleasant office (2012 E. Preston, Door B) on Thursday, January 16 from 1-4pm. Medicines that sit unused in cabinets are prone to theft and misuse, which can result in substance use disorder, poisoning, or overdose.

**Medication Take
Back Event is
scheduled for 1/16
in Mt. Pleasant**

January is Cervical Cancer Awareness Month

Regular screenings are the key to finding and treating cervical cancer early. You should start getting screenings at age 21 and then every 3 years after that. After age 30, you'll get a screening every 5 years.

For those who qualify, CMDHD can provide free cervical and breast cancer screenings using our Breast and Cervical Cancer Control Program. Visit www.cmdhd.org/bc3np for more information.

Nearly 2 out of 3 cases of cervical cancer are caused by HPV, so consider the HPV vaccine series, which is recommended for everyone 9-45 years old to help prevent cervical and other cancers.

To schedule an appointment for a cervical screening or HPV vaccine, please call 989-314-7570.

CDC Confirms First Severe Case of Bird Flu in the U.S.

A patient has been hospitalized with a severe case of avian influenza A(H5N1) virus ("H5N1 bird flu") infection in Louisiana. This marks the first instance of severe illness linked to the virus in the United States. The case was confirmed by the Centers for Disease Control and Prevention (CDC) on December 13. Since April 2024, there have been a total of 61 reported human cases of H5 bird flu reported in the United States.

While an investigation into the source of the infection in Louisiana is ongoing, it has been determined that the patient had exposure to sick and dead birds in backyard flocks. This is the first case of H5N1 bird flu in the U.S. that has been linked to exposure to a backyard flock.

Learn more at [CDC](https://www.cdc.gov).

MDHHS releases plan to reduce new HIV infections 90 percent by 2030, advance health equity

MDHHS [released its comprehensive plan](#) to reduce new HIV infections and advance health equity by implementing new approaches and scaling up proven prevention and treatment strategies. The plan aims to reduce new HIV infections by 90% by 2030.

Ending HIV Together: Michigan's Equitable Plan is being announced as part of the department's recognition of World AIDS Day. This year's World AIDS Day theme, "Collective Action: Sustain and Accelerate HIV Progress," underscores the importance of MDHHS's ongoing efforts and new approaches to end HIV together.

"Stopping new HIV infections and ensuring people living with HIV have access to the best possible care is attainable with the right resources, increased diagnoses and proven treatment strategies," said Elizabeth Hertel, MDHHS director. "We must also work to reduce HIV-related stigma, which continues to create barriers to receiving support. Everyone deserves the opportunity to live a healthy life, free from shame and with access to the care they need."

The plan's key goals:

- Increase the number of people tested for HIV and sexually transmitted infections statewide.
- Increase retention of people with HIV receiving ongoing care.
- Increase PrEP referrals among eligible people who test negative for HIV.
- Increase capacity and implementation of activities for detecting and responding to HIV networks and outbreaks.

Learn more at [MDHHS](https://www.michigan.gov/mdhhs).

Emerging Communicable Diseases

- [H5N1 Bird Flu: Current Situation](#)
- [Mumps Cases and Outbreaks](#)
- [Measles Cases and Outbreaks](#)
- [Pertussis Outbreaks](#)
- [Mpox information](#)
- [CDC Recommends Updated 2024-2025 COVID-19 and Flu Vaccines for Fall/Winter Virus Season](#)
- [CMDHD COVID information, including testing](#)
- [Check your COVID home tests for extended expiration dates before you throw them away.](#)
- [Order 4 more free COVID home tests from https://covidtests.gov/.](https://covidtests.gov/)

Don't let the flu interrupt your **KOALA**-ty time this Valentine's Day.



The flu vaccine is safe for everyone 6 months old and up.

Other Topics

- [EPA Adds Nine Additional PFAS to the Toxics Release Inventory](#)
- [MDARD Encourages Michigan Residents to Start 2025 with Smart Food Safety Resolutions](#)
- [MDHHS office dedicated to supporting tribal partnerships helps tribal citizens access services and resources](#)
- [MDHHS announces enhancements to improve substance use disorder treatment access](#)
- [Michigan's overdose death rate declines nearly five times faster than national average](#)

January is Radon Action Month

**GIVE
A CAN
& GET
A KIT!**



During January, bring a non-perishable food item to any CMDHD Environmental Health office and receive a FREE Radon test kit.

Radon test kits are discounted to \$5 for January for those without a food donation. Food items and January kit fees will be given to local food pantries.