

PrEP

Pre-Exposure Prophylaxis

What Is It?

PrEP (pre-exposure prophylaxis) is a medication that reduces your chances of getting HIV from sex or injection drug use.

How Effective Is PrEP?

PrEP is highly effective for preventing HIV when taken as prescribed.

- PrEP reduces the risk of getting HIV from sex by about 99% when taken as prescribed.
- PrEP reduces the risk of getting HIV from injection drug use by 74% when taken as prescribed.

How Long Does It Take To Work?

PrEP takes about 7-21 days to reach the level of protection depending on injection use & types of sexual encounters.



Get In Touch With Us!

Reach out to one of our offices or our PrEP Navigator for more information about CMDHD's PrEP Program!

Our Locations

Arenac County Office
4489 W M-62 - Suite 3
Standish, MI 48658
(989)-846-6541 ext. 1316

Clare County
815 N. Clare Ave. - Suite B
Harrison, MI 48625
(989)-539-6731 ext. 1216

Gladwin County
103 N. Bowery
Gladwin, MI 48624
(989)-426-9431 ext. 1316

Isabella County
2012 E Preston St - Door B
Mount Pleasant, MI 48858
(989)-773-5921 ext. 1406

Osceola County
22054 Professional Dr. - Suite D
Reed City, MI 49677
(231)-832-5532 ext. 1216

Roscommon County
200 Grand Ave - Suite A
Prudenville, MI 48651
(989)-366-9166 ext. 1316

PrEP Navigation

Call/Text (989) 824-8908



Central Michigan District
Health Department's

PrEP Program



Central Michigan District Health Department
Promoting Healthy Families, Healthy Communities



Appointment Testing & Follow Up

Eligibility for PrEP

- Must be HIV negative to be on PrEP
- PrEP is recommended for anyone with:
 - Unprotected vaginal or anal sex with a partner of unknown HIV status
 - A partner who is living with HIV (especially if partner's HIV viral load is detectable or unknown)
 - Recent STI infection
 - Injection drug use

Paying for PrEP

Most insurance plans and state Medicaid programs cover PrEP medication.

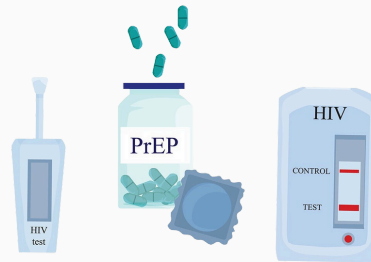
If you don't have insurance or a high deductible, there are programs available that provide co-pay assistance or PrEP for free.

PrEP Navigation

For those receiving PrEP through CMDHD have PrEP Navigation services made available to assist with:

- Appointment Scheduling
- Insurance & Pharmacy Issues
- Coordination of Required Labs
- PrEP Education

- Baseline testing at first appointment & annually will include:
 - HIV Testing
 - Metabolic Panel
 - Urinalysis
 - Hep B & C Testing
 - STI Screenings
- 30 day follow up to discuss side effects and barriers to adherence
- 3 month follow ups
 - HIV screening - Ran EVERY visit
 - STI screening
 - Optional every 3 months
 - Recommended every 6 months



PrEP

Methods Available

- ✓ Truvada - Oral Medication
- ✓ Descovy - Oral Medication
- ✓ Apretude - Injectable Medication



Meet Our Staff

PrEP Navigator

Available for each county

Providers

Amanda - Clare, Osceola, Roscommon
 Jamie - Arenac & Gladwin
 Shannon - Isabella

Nurses

Kathy - Clare, Osceola
 Lori - Arenac, Gladwin, Roscommon
 Melissa - Isabella

Online Scheduling Available!
Scan the QR code to schedule now

