



Central Michigan District Health Department

Promoting Healthy Families, Healthy Communities



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PRESS RELEASE FOR LOCAL MEDIA

To: Local Media Outlets
From: Central Michigan District Health Department
RE: CMDHD Hosts Medication Take Back Event
Release Date: March 25, 2025

CMDHD Hosts Medication Take Back Event with Isabella Substance Awareness Coalition

Bring unwanted medication to our Mt. Pleasant office on Thursday, April 3 from 1:00 – 4:00pm.

Central Michigan District Health Department (CMDHD) and the Isabella Substance Awareness Coalition are hosting a Medication Take Back Event on Thursday, April 3, from 1:00-4:00 PM at CMDHD's office: 2012 E. Preston Street, Mt. Pleasant. Community members can drop off unwanted or expired medications for safe disposal.

The Coalition, which includes local organizations, works to keep Isabella County safe and healthy by educating the public on substance use risks and promoting prevention. Learn more about the Coalition at facebook.com/isbellasubstanceawarenesscoalition.

"Properly disposing of medications helps prevent accidental poisoning, misuse, and environmental harm," said Anna Reetz, CMDHD Community Health Supervisor. "It also keeps homes safer and supports community well-being."

This event supports National Prescription Drug Take Back Day, a Drug Enforcement Administration (DEA) initiative that takes place on April 26, 2025. In October 2024, Americans turned in 314 tons of medication at 4,644 locations. Find a nearby year-round drop-off site at DEATakeBack.com. The FDA also provides safe disposal tips at fda.gov/consumers/consumer-updates/where-and-how-dispose-unused-medicines.

CMDHD also offers harm reduction services through Exchange Central, a syringe service program that helps prevent the spread of diseases from sharing needles. It provides sterile supplies, Narcan, sharps containers, and free HIV and hepatitis C testing. Narcan training is also available. Syringe service programs are legal, and participants are protected from paraphernalia laws. Visit cmdhd.org/exchange-central for more information.

Please visit us online at www.cmdhd.org.

This article has been brought to you by Central Michigan District Health Department, which serves the counties of Arenac, Clare, Gladwin, Isabella, Osceola, and Roscommon. Visit our website at www.cmdhd.org and follow us on [Facebook](#) and [Instagram](#).

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To request an interview, please visit our website (cmdhd.org) and fill out the [Media Interview Request Form](#).



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