

Run our organization

We can use and share your health information to run our healthcare operations, improve your care, and contact you when necessary. **Example:** *We may use information to review the quality of care you receive.*

Bill for our services

We can use and share your health information to bill and get payment from health plans or other public or private entities. **Example:** *If you have Medicaid, we will need to disclose your health information to the Medicaid Program in order to be reimbursed for our services.*

How else can we use or share your health information?

We are allowed or required to share your information in other ways, usually in ways that contribute to the public good, such as public health and research. We have to meet many conditions in the law before we can share your information for these purposes. **For more information see: www.hhs.gov/ocr/privacy/hipaa/understanding/consumer/index.html**

Help with public health and safety issues

We can share health information about you for certain situations such as:

- preventing disease/
- helping with product recalls/
- reporting adverse reactions to medications/
- reporting suspected abuse, neglect, or domestic violence/
- preventing or reducing a serious threat to anyone's health or safety/

Do research

We can use or share your information for health research.

Comply with the law

We will share information about you if state or federal laws require it, including with the Department of Health and Human Services if it wants to see that we are complying with federal privacy law.

Address workers' compensation, law enforcement, and other government requests

We can use or share health information about you:

- for workers' compensation claims/
- for law enforcement purposes, or with law enforcement official with health oversight agencies for activities authorized by law/
- for special government functions such as military, national security, and presidential protective services/

Respond to lawsuits and legal actions

We can share health information about you in response to a court or administrative order, or in response to a subpoena.

Our Responsibilities

We are required by law to maintain the privacy and security of your protected information.

- We will let you know promptly if a breach occurs that may have compromised the privacy or security of your information.
- We must follow the duties and privacy practices described in this notice and give you a copy of it.
- We will not use or share your information other than as described here unless you tell us we can in writing. If you tell us we can, you may change your mind at any time. **For more information see: www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/noticepp.html.**

File a complaint if you feel your rights are violated:

- You can file a complaint if you feel we have violated your rights by contacting:
Central Michigan District Health Department
HIPAA Privacy Officer
Director of Administrative Services
(989) 773-5921
- You can file a complaint with the U.S. Department of Health and Human Services Office for Civic Rights by sending a letter to:
200 Independence Avenue S. W.
Washington, D.C. 20201
or by calling 1-877-696-6775, or visiting **www.hhs.gov/ocr/privacy/hipaa/complaints**
- We will not retaliate against you for filing a complaint.

Changes to the Terms of this Notice

Central Michigan District Health Department can change the terms of this notice, and the changes will apply to all information we have about you. This new notice will be available upon request, in our office, and on our website. This notice was published and became effective on January 6, 2025.



Central Michigan District Health Department
Promoting Healthy Families, Healthy Communities

Notice of Privacy Practices

Your Information
Your Rights
Our Responsibilities



Our Privacy Commitment to You

Central Michigan District Health Department takes confidentiality and privacy of your health information very seriously. CMDHD is required, by Federal law, to maintain the privacy of protected health information and to provide you with this notice of legal duties and our privacy practices with respect to your protected health information.

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

Your Rights

You have the right to:

- get a copy of your paper or electronic medical record.
- correct your paper or electronic medical record.
- request confidential communication.
- ask us to limit the information we share.
- get a list of those with whom we have shared your information.
- get a copy of this privacy notice.
- choose someone to act on behalf of you.
- file a complaint if you believe your privacy rights have been violated.

Your Choices

You have some choices in the way we use and share information as we:

- tell family and friends about your condition.
- provide disaster relief.
- provide mental health care.

Our Uses and Disclosures

We may use and share your information as we:

- treat you.
- run our organization.
- bill for our services.
- help with public health and safety issues.
- do research.
- comply with the law.
- address workers' compensation, law enforcement, and other government requests.
- respond to lawsuits and legal actions.

Only people who have both the need and the legal right may see your information. Unless you give us permission in writing, we will only disclose your information for the purpose of treatment, payment, health care operations, or when we are required by law to do so.

When it comes to your health information, you have certain rights. This section explains your rights and some of our responsibilities to help you.

Your Rights

Get an electronic or paper copy of your medical record:

- You can ask to see or get an electronic or paper copy of your medical record and other health information we have about you. Ask us how to do this.
- We will provide a copy or a summary of your health information, usually within 30 days of your request. We may charge a reasonable, cost-based fee.

Ask us to correct your medical record:

- You can ask us to correct health information about you that you think is incorrect or incomplete. Ask us how to do this.
- We may say “no” to your request, but we will tell you why in writing within 60 days.

Ask us to limit what we use or share:

- You can ask us not to use or share certain health information for treatment, payment, or our operations. We are not required to agree to your request, and we may say “no” if it would affect your care.
- If you pay for a service or health care item out-of-pocket in full, you can ask us not to share that information for the purpose of payment or our operations with your health insurer. We will say “yes” unless a law requires us to share that information.

Get a list of those with whom we have shared information:

- You can ask for a list (accounting) of the times we have shared your health information for six years prior to the date you ask, who we shared it with, and why.
- We will include all of the disclosures except for those about treatment, payment, and health care operations, and certain other disclosures (such as any you asked us to make). We will provide one accounting for a year free but will charge a reasonable, cost-based fee if you request another one within 12 months.

Request confidential communications:

- You can ask us to contact you in a specific way (for example, home or office phone) or to send mail to a different address.
- We will say “yes” to all reasonable requests.

Choose someone to act for you:

- If you have given someone medical power of attorney or if someone is your legal guardian, that person can exercise your rights and make choices about your health information.
- We will make sure the person has this authority and can act for you before we take any action.

Your Choices

For certain health information, you can tell us your choices about what we share. If you have a clear preference for how we share your information in the situations described below, talk to us. Tell us what you want us to do, and we will follow your instructions.

- Share information with your family, close friends, or others involved in your care.
- Share information in a disaster relief situation.

If you are not able to tell us your preferences, for example if you are unconscious, we may go ahead and share your information if we believe it is in your best interest. We may also share your information when needed to lessen a serious and imminent threat to health or safety. We will never share your information for most psychotherapy notes unless you have given us written permission.

We will never share your information for:

- marketing purposes.
- sale of your information.

Our Uses and Disclosures

How do we typically use or share your health information? We typically use or share your health information in the following ways to treat you:

We can use your health information and share it with other professionals to provide, coordinate, or manage your healthcare and related services such as Maternal Support Services or Family Planning Services.

Example: *A nurse may obtain medical information from you to determine the proper case and services to provide. Our practice may contact you with reminder cards of appointments and/or other services which may benefit your family.*