



Central Michigan District Health Department

Promoting Healthy Families, Healthy Communities



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PRESS RELEASE FOR LOCAL MEDIA

To: Local News Media
From: Central Michigan District Health Department
RE: CMDHD Promoting National Condom Week
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CMDHD Promoting National Condom Week (2/14-2/21)

Central Michigan District Health Department (CMDHD) is promoting National Condom Week, stressing the importance of sexual health and education. This annual observance, taking place from February 14 - 21, reminds the public to make informed choices about their sexual health and well-being.

“CMDHD is committed to promoting healthy lifestyles and empowering our community with the tools they need to make responsible decisions,” said Anna Reetz, CMDHD Health Promotion Supervisor. As part of our ongoing efforts to support sexual health, CMDHD offers a range of services, including family planning education, STI screening, pregnancy tests, and free condoms.

- **Reproductive Health Education:** CMDHD provides education to help people make informed decisions about their reproductive health. Our devoted team offers resources and guidance on various contraceptive methods, family planning options, and responsible sexual behavior.
- **STI Screening:** CMDHD is dedicated to the prevention and control of sexually transmitted infections (STIs). We offer confidential STI screening services to identify and address potential health concerns. Early detection and treatment are crucial in preventing the spread of STIs and maintaining overall well-being.
- **Pregnancy Tests:** CMDHD offers confidential pregnancy tests. Our caring and supportive staff is available to provide guidance and information to those navigating the challenges associated with pregnancy.
- **Free Condoms:** CMDHD is pleased to offer free condoms to the community. Condoms are a proven and effective method of preventing pregnancies and reducing the risk of STIs. Stop by any of our branch offices to pick up free condoms or order condoms by mail by visiting <https://www.cmdhd.org/hp>.

Please visit us online at www.cmdhd.org.

CMDHD encourages everyone to take charge of their sexual health. By promoting awareness, education, and access to essential services, we aim to create a healthier and more informed community.

This article has been brought to you by Central Michigan District Health Department, which serves the counties of Arenac, Clare, Gladwin, Isabella, Osceola, and Roscommon. Visit our website at www.cmdhd.org and follow us on [Facebook](#) and [Instagram](#).

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To request an interview, please visit our website (cmdhd.org) and fill out the [Media Interview Request Form](#).



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