Vaccinations for Adults

You're never too old to get vaccinated!

Getting vaccinated is a lifelong, life-protecting job. Don't leave your healthcare provider's office without making sure you've had all the vaccinations you need.

| Vaccine | Do you need it? |
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| Hepatitis A (HepA) | <i>Maybe.</i> You need this vaccine if you have a specific risk factor for hepatitis A* or simply want to be protected from this disease. The vaccine is usually given in 2 doses, 6–18 months apart. |
| Hepatitis B (HepB) | Maybe. You need this vaccine if you have a specific risk factor for hepatitis B* or simply want to be protected from this disease. The vaccine is given in 2 or 3 doses, depending on the brand. |
| Hib (Haemophilus influenzae type b) | <i>Maybe.</i> Some adults with certain high-risk conditions, for example, lack of a functioning spleen, need vaccination with Hib. Talk to your healthcare provider to find out if you need this vaccine. |
| Human papillomavirus (HPV) | Yes! You should get this vaccine if you are age 26 years or younger. Adults age 27 through 45 may also be vaccinated after a discussion with their healthcare provider. The vaccine is usually given in 3 doses over a 6-month period. |
| Influenza | Yes! You need a dose every fall (or winter) for your protection and for the protection of others around you. |
| Measles, mumps, rubella (MMR) | <i>Maybe.</i> You need at least 1 dose of MMR vaccine if you were born in 1957 or later. You may also need a second dose if you are a healthcare worker or traveling internationally. However, people with weakened immune systems should not get MMR.* |
| Meningococcal ACWY (MenACWY) | <i>Maybe.</i> You may need MenACWY vaccine if you have one of several health conditions,* for example, if you don't have a functioning spleen, and also boosters if your risk is ongoing. You need MenACWY if you are age 21 or younger and a first-year college student living in a residence hall and you either have never been vaccinated or were vaccinated before age 16. |
| Meningococcal B (MenB) | Maybe. You need MenB if you have one of several health conditions,* for example, if you do not have a functioning spleen, and also boosters if your risk is ongoing. You may also consider getting the MenB vaccine if you are age 23 or younger (even if you don't have a high-risk medical condition) after a discussion with your healthcare provider. |
| Pneumococcal (Pneumovax 23, PPSV23; Prevnar 13, PCV13) | Yes! If you are younger than age 65 and have a certain high-risk condition (for example, asthma, heart, lung, or kidney disease, immunosuppression, or you lack a functioning spleen or are a smoker),* you need 1 or both vaccines. At age 65 (or older), you will need PPSV23 and you may also be given PCV13 (if you haven't had it before) after a discussion with your healthcare provider.* |
| Tetanus, diph- theria, whooping cough (pertussis) (Tdap, Td) | Yes! If you have not not received a dose of Tdap during your lifetime, you need to get a Tdap shot now (the adult whooping cough vaccine). And all women need to get a dose during each pregnancy. After that, you need a Td or Tdap booster dose every 10 years. Consult your healthcare provider if you haven't had at least 3 tetanus- and diphtheria-toxoid containing shots sometime in your life or if you have a deep or dirty wound. |
| Varicella (Chickenpox) | <i>Maybe.</i> If you've never had chickenpox, never were vaccinated, or were vaccinated but received only 1 dose, talk to your healthcare provider to find out if you need this vaccine.* |
| Zoster (shingles) | Yes! If you are age 50 or older, you should get the 2-dose series of the Shingrix brand of shingles vaccine, even if you already were vaccinated with Zostavax. |
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* Consult your healthcare provider to determine your level of risk for infection and your need for this vaccine. **Are you planning to travel outside the United States?** Visit the Centers for Disease Control and Prevention's (CDC) website at wwwnc.cdc.gov/travel/destinations/list for travel information, or consult a travel clinic.