



Central Michigan District Health Department

Promoting Healthy Families, Healthy Communities



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PRESS RELEASE FOR LOCAL MEDIA

To: Local Media

From: Central Michigan District Health Department

RE: 14th Annual HIV/AIDS 5K Fundraiser

Release Date: August 23, 2023

Central Michigan District Health Department to Host 14th Annual HIV/AIDS 5k Walk/Run Fundraiser

MOUNT PLEASANT, MI — Central Michigan District Health Department (CMDHD) is gearing up for its 14th Annual Central Michigan HIV/AIDS 5k Walk/Run, set to take place on Saturday, September 23rd, at Island Park in Mt. Pleasant. The event aims to educate the community, combat HIV/AIDS related stigma, and raise funds to support individuals diagnosed with and living with HIV/AIDS within the Central Michigan area.

“CMDHD strongly believes in upholding the dignity and worth of all individuals and strives to provide the highest quality of life for those affected by and living with HIV/AIDS,” said Shelby Pasch, CMDHD Health Promotion supervisor. “Proceeds from the fundraiser will contribute to support programs, including harm reduction, HIV medical care, case management, and social service referrals. These services address a range of needs, such as insurance, primary medical care, food, housing, transportation, and counseling.”

This year's HIV/AIDS 5k fundraiser marks the 14th annual event organized by CMDHD. Participants are invited to join in person at Island Park in Mt. Pleasant on Saturday, September 23rd, 2023. The event is open to all ages and ability levels, making it a family-friendly occasion that fosters community engagement and giving back. To register, please visit:

<https://runsignup.com/centralmichiganhiv5k>

The registration fee for participants aged 18 and older is \$25. Additionally, children aged 17 and younger can earn a free registration by bringing a donation for those in need to the Mt. Pleasant Care Store on the day of the race. For those unable to attend in person, a virtual option is available. Participants can register for the "VIRTUAL 14th Annual Central Michigan HIV/AIDS 5k" by visiting the [race webpage](#). For more information or inquiries, please contact Anna Reetz at 989-773-5921 ext. 1480.

Please visit us online at www.cmdhd.org.

This article has been brought to you by Central Michigan District Health Department, which serves the counties of Arenac, Clare, Gladwin, Isabella, Osceola, and Roscommon. Visit our website at www.cmdhd.org and follow us on [Facebook](#) and [Instagram](#).

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To request an interview, please visit our website (cmdhd.org) and fill out the [Media Interview Request Form](#).



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