



CMDHD TODAY

Central Michigan District Health Department Newsletter



CMDHD COVID-19 VACCINATION RATES*

District Average 52.6%

Arenac.....	57.5%
Clare.....	51.7%
Gladwin.....	54.3%
Isabella.....	50.3%
Osceola.....	46.7%
Roscommon.....	61.2%

*Percentage of population over the age of 5 with at least one dose of the vaccine as of 02/01/2022.

COVID-19 POSITIVE RESIDENTS URGED TO TALK TO HEALTH CARE PROVIDERS ABOUT ORAL MEDICATION TREATMENT

As the supply of oral medications to treat COVID-19 is expanding across the state, the Michigan Department of Health and Human Services (MDHHS) is urging Michiganders to talk with their health care provider if they test positive for COVID-19 to determine if this is the correct treatment for them.

Paxlovid and Molnupiravir, which recently received emergency use authorization by the FDA, are designed for the outpatient treatment of mild to moderate COVID-19. Both medications may only be prescribed for patients by physicians, advanced practice registered nurses and physician assistants. When administered to non-hospitalized patients with conditions that put them at high risk of severe illness within five days of symptom onset, these antivirals may reduce symptoms and the risk of hospitalizations and emergency department visits associated with the virus.

Read the full MDHHS press release [here](#).



VACCINATION CLINICS

Visit cmdhd.org/vaccine to find a nearby walk-in vaccine clinic.

Please wear a mask around others while attending clinics.

GLADWIN COUNTY: COVID-19 VACCINATION CLINICS

CMDHD Branch Office - 103 N. Bowery, Gladwin

Fridays 2/11, 2/18 & 2/25: 8:30am - 12:00pm & 1:00pm-4:00pm

COVID-19 vaccinations - 1st and 2nd doses for ages 5 & above

COVID-19 vaccinations - Booster doses for ages 12 & above

Click [here](#) to schedule an appointment. Walk-ins welcome

ISABELLA COUNTY: COVID-19 & FLU VACCINATION CLINICS

CMDHD Branch Office - 2012 E. Preston St., Mt. Pleasant

Mondays 2/14 & 2/28: 1:00pm - 4:00pm

Wednesdays 2/9, 2/16 & 2/23 8:30am - 11:30am

Flu vaccination clinic for ages 5 & above.

COVID-19 vaccinations - 1st and 2nd doses for ages 5 & above

COVID-19 vaccinations - Booster doses for ages 12 & above

BY APPOINTMENT ONLY. CLICK [HERE](#) TO SCHEDULE

CMU/Finch Fieldhouse - 1275 S. Franklin St. - Park in Lot 18

Friday 2/25/22: 9:00 a.m. - 12:00 noon and 1:00pm - 3:00 pm

Flu vaccination clinic for adults, ages 5 & above.

COVID-19 vaccinations - 1st and 2nd doses for ages 5 & above

COVID-19 vaccinations - Booster doses for ages 12 & above

BY APPOINTMENT ONLY. CLICK [HERE](#) TO SCHEDULE

UPDATES & RESOURCES

- If you or someone you know needs meals, clothing, shelter, or other essential items, call 211 for local non-emergency public service.
- Information around the COVID-19 outbreak continues to change rapidly. Visit [MDHHS](#) or [CDC](#) for more information.
- Click [here](#) for weekly information on confirmed Coronavirus (COVID-19) cases in our jurisdiction.
- [CMDHD services](#) are currently being offered virtually, in person and/or by appointment.
- For more information on these topics and others please visit us on [Facebook](#) or [cmdhd.org](#).
- [Unsubscribe](#) from our newsletter.

**Thank you for
your interest in
local public health!**



IN OTHER NEWS

- [MDHHS Renews Call for Michiganders to Get Vaccinated, Boosted Following Moderna COVID-19 Vaccine Approval by FDA](#)
- [CDC Statement Following ACIP Moderna Vote](#)
- [Transcript for CDC Media Telebriefing: COVID-19 Wastewater Surveillance](#)
- [CDC Releases Updated Maps of America's High Levels of Inactivity](#)
- [FDA Sodium Reduction Efforts Underscored in USDA's Transitional Nutrition Standards for School Meals](#)
- [Coronavirus \(COVID-19\) Update: FDA Advisory Committee Meeting to Discuss Request for Authorization of Pfizer-BioNTech COVID-19 Vaccine for Children 6 Months Through 4 Years of Age](#)

COVID-19 TESTING

Testing is for those experiencing symptoms or exposed to a positive case only.

ARENAC COUNTY: COVID-19 TESTING CLINICS

CMDHD Branch Office - 4489 W. M-61, Standish

Tuesdays 2/15, 2/22: 9:00am - 11:30am

Fridays 2/11, 2/18, 2/25: 9:00am - 12:00pm & 1:00pm - 4:00pm

Please park in the designated parking spots by the health department entrance of the building. If the designated parking spots are full, please be patient and pull in when one becomes available. Remain in your car and a nurse will be with you shortly. Please bring your driver's license or another form of identification and your health insurance card, if you have one. No doctor's order or prescription needed. Results will be ready in 15 - 30 minutes.

GLADWIN COUNTY: COVID-19 TESTING CLINICS

CMDHD Branch Office - 103 N. Bowery, Gladwin

Tuesdays 2/15, 2/22: 9:00am - 12:00pm & 1:00pm - 4:00pm

Fridays 2/11, 2/18, 2/25: 9:00am - 12:00pm & 1:00pm - 4:00pm

Please park in one of the 3 designated parking spots by the dumpster toward the back of the building, then call the phone number listed on the sign to let us know you've arrived. If the designated parking spots are full, please be patient, find a different spot to wait, then pull into a designated spot when one becomes available. Remain in your car and a nurse will be with you shortly. Please bring your driver's license or another form of identification and your health insurance card, if you have one. No doctor's order or prescription needed. Results will be ready in 15 - 30 minutes.

OSCEOLA COUNTY: COVID-19 TESTING CLINICS

Crossroads Community Church - 110 S. Main Street, Ewart

Thursdays 2/10, 2/24, 3/10, 3/24 - 10:30am - 4:30pm

Pre-registration not required, but is available [here](#). No insurance needed. No prescription needed. No doctor's order needed. Testing provided by Honu/LTS.



SEWAGE SYSTEM MAINTENANCE

A typical septic system consists of two major components, the tank and the dispersal area. The purpose of the tank is to separate the liquids from the solids, and to begin breaking down contaminants. After leaving the tank, effluent flows to a dispersal area where it is further treated by the soil.

How to care for your system

Septic system maintenance involves little effort and can significantly prolong the life of the system. Sound system operation and maintenance practices include conserving water, being careful that nothing harmful is disposed of through the system, and routinely inspecting and pumping the system. Good maintenance habits can be developed by educating everyone in your household what is and what is not good for your septic system.

Pump Your Tank Regularly

Pumping your septic tank is probably the single most important thing you can do to protect your system. If the buildup of solids in the tank becomes too high and solids move to the drainfield, this could clog and strain the system to the point where a new drainfield is needed. CMDHD recommends that you pump your septic tank a minimum of once every 3-5 years, depending on the size/habits of your household.

Learn more about how to maintain your sewage system [here](#).

CMDHD [Environmental Health](#) staff are available for consultations during normal office hours. Contact your local [Environmental Health office](#) for an appointment.

**CMDHD ALSO
OFFERS ROUTINE
IMMUNIZATIONS
FOR ADULTS AND
CHILDREN.**

**CALL TODAY TO
SCHEDULE AN
APPOINTMENT!**

**ARENAC
(989) 846-6541**

**CLARE
(989) 539-6731**

**GLADWIN
(989) 426-9431**

**ISABELLA
(989) 773-5921**

**OSCEOLA
(231) 832-5532**

**ROSCOMMON
(989) 366-9166**