

# Project FRESH 2023 Education Options

ATTEND ONE CLASS TO RECEIVE YOUR COUPONS

## Virtual Classes\*:

- Complete the "Buy Local Produce with WIC Project FRESH" lesson at [www.wichealth.org](http://www.wichealth.org).
- Enroll in MSU Extension Preserving MI Harvest virtual class. Scan the QR code for dates, topics and to register.



*\*After completing your virtual class, please call the WIC office to arrange pickup of your coupons.*

## In-Person Classes at CMDHD office in Harrison:

*Call WIC office to register. Coupons will be distributed after completed training. Walk-ins accepted, as space allows.*

- Tuesday, July 25 • 11 am & 1 pm
- Monday, July 31 • 11 am & 1 pm



*This institution is an equal opportunity provider.*

