



# Central Michigan District Health Department

*Promoting Healthy Families, Healthy Communities*



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## PRESS RELEASE FOR LOCAL MEDIA

**To: Local News Media**  
**From: Central Michigan District Health Department**  
**RE: CMDHD Promoting Radon Action Month**  
**Release Date: January 4, 2024**

**Central Michigan District Health Department is Promoting Radon Action Month.**

**During January, donate a canned good at CMDHD and receive a free home radon test kit.**

January is Radon Action Month, and Central Michigan District Health Department (CMDHD) is using this month to educate our community about the dangers of radon gas. In January, our Environmental Health offices are offering \$5 home radon test kits. If you donate a canned good through our "Give a Can & Get a Kit!" event, your home radon test is free. All food and radon test kit money collected this month will be given to a local food pantry to refill their shelves after the holidays.

"Radon is a major health concern that is often ignored because it is invisible and odorless," said Steve King, CMDHD Environmental Health Director. "The best time to test your home is winter, as doors and windows are closed, which lets radon rise. Testing for radon is easy, and if higher levels are found, there are ways to reduce exposure."

Radon is a leading cause of lung cancer, causing thousands of deaths each year. Small cracks in your home's foundation can grow over time as it settles, making paths for radon to enter your home from the ground. CMDHD encourages you to test your home for radon during Radon Action Month. By doing so, you can play a crucial role in creating healthier homes and communities.

Learn more about radon by visiting <https://www.cmdhd.org/radon> or by calling our Environmental Health department at 989-314-7570. For more information, visit the Environmental Protection Agency (EPA) page at <https://www.epa.gov/radon> or the Michigan Department of Environment, Great Lakes, and Energy (EGLE) page at <http://www.michigan.gov/radon>.

**Please visit us online at [www.cmdhd.org](http://www.cmdhd.org).**

This article has been brought to you by Central Michigan District Health Department, which serves the counties of Arenac, Clare, Gladwin, Isabella, Osceola, and Roscommon. Visit our website at [www.cmdhd.org](http://www.cmdhd.org) and follow us on [Facebook](#) and [Instagram](#).

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*To request an interview, please visit our website ([cmdhd.org](http://cmdhd.org)) and fill out the [Media Interview Request Form](#).*



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