

# Healthy Families Northern Michigan



Healthy Families is a voluntary, home visiting program to support you on your family's journey by building a secure relationship with your child, discussing developmental milestones, and promoting activities and play.

## How Does Healthy Families Work?

Healthy Families home visitors may begin seeing you when you are pregnant and can continue visits until your child is four years of age.

## What Do Our Families Say?

"Sometimes it's nice to hear that you're doing good and that I should be proud of myself." ~ Ogemaw County

"I really like that the program is in the house. I enjoy the activities and watching [my child] learn new things."

~ Oscoda County

"You were there for us in the hard, frustrating times and celebrated with us through all of our achievements. You were the one constant voice always cheering me on even when I felt that I was failing."

~ Roscommon County

If you are interested in more information or would like to apply for this program, please scan the QR code below or visit [forms.office.com/g/AB8CuvJNTY](https://forms.office.com/g/AB8CuvJNTY).



Central Michigan District  
Health Department

Promoting Healthy Families, Healthy Communities

[www.cmdhd.org](http://www.cmdhd.org)



District Health Department No. 2

[www.dhd2.org](http://www.dhd2.org)



HEALTH  
DEPARTMENT  
of Northwest Michigan

