Project FRESH 2023 Education Options ATTEND ONE CLASS TO RECEIVE YOUR COUPONS

Virtual Classes*:

- Complete the "Buy Local Produce with WIC Project FRESH"
 lesson at <u>www.wichealth.org</u>.
- Enroll in MSU Extension Preserving MI Harvest virtual class. Scan the QR code for dates, topics and to register.



*After completing your virtual class, please call the WIC office to arrange pickup of your coupons.

In-Person Classes at CMDHD office in Reed City: Drop in for one of the following and receive your coupons same day:

- Thursday, July 20 11 am, 1 pm, and 2 pm
- Thursday, August 17 11 am, 1 pm, and 2 pm



This institution is an equal opportunity provider.

