



# Central Michigan District Health Department

Promoting Healthy Families, Healthy Communities



Steve Hall, RS, MS  
Health Officer

Jennifer Morse, MD, MPH, FAAFP  
Medical Director

## PRESS RELEASE FOR LOCAL MEDIA

**To: Local Media Outlets**  
**From: Central Michigan District Health Department**  
**RE: CMDHD's REFRESH Program Receives Grants**  
**Release Date: March 12, 2024**

### **CMDHD's REFRESH Program Receives Two Grants from Clare County Community Foundation**

*The grants will be used to purchase hygiene products for public schools in Clare County to distribute to students in need.*

Central Michigan District Health Department (CMDHD) is pleased to announce that our REFRESH program has been awarded two grants from the Clare County Community Foundation. REFRESH, which stands for Rural Engagement Facilitating Resources & Education for School Hygiene, is a vital initiative providing hygiene kits and menstrual hygiene products to district schools to support students in need.

The grants are specific to Clare County schools and will play a crucial role in sustaining the REFRESH program by enabling CMDHD's Health Resource Advocates (HRAs) to purchase essential hygiene products, ensuring that students have access to hygiene necessities. When students feel self-conscious about not having hygiene products, regular school attendance and academic success can suffer.

"We are grateful to the Clare County Community Foundation for their generous support of the REFRESH program," said Steve Hall, CMDHD Health Officer. "These grants will allow us to continue addressing the basic hygiene needs of students in our community, promoting their health and well-being."

The REFRESH program began before the 2022/2023 school year and has already made a significant impact. Using donations from businesses and community drives, CMDHD HRAs assembled and distributed 700 hygiene kits to schools in Arenac, Clare, Gladwin, Isabella, Osceola, and Roscommon Counties, with plans for more distributions in the future. For community members wishing to donate hygiene items, please visit <https://www.cmdhd.org/refresh-donations> to learn what items are needed by area students and find a nearby drop box. Learn more about CMDHD's Refresh Program at <https://www.cmdhd.org/refresh>.

**Please visit us online at [www.cmdhd.org](http://www.cmdhd.org).**

The Clare County Community Foundation exists to cultivate the power of giving within our community, support long-term transformation, and help ensure all residents thrive. Learn more about the Foundation at <https://www.clareccf.org/>.

This article has been brought to you by Central Michigan District Health Department, which serves the counties of Arenac, Clare, Gladwin, Isabella, Osceola, and Roscommon. Visit our website at [www.cmdhd.org](http://www.cmdhd.org) and follow us on [Facebook](#) and [Instagram](#).

###

*To request an interview, please visit our website ([cmdhd.org](http://cmdhd.org)) and fill out the [Media Interview Request Form](#).*



*Proud member of the [Northern Michigan Public Health Alliance](#): 7 local health departments advocating for public health.*