



Central Michigan District Health Department

Promoting Healthy Families, Healthy Communities



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PRESS RELEASE FOR LOCAL MEDIA

To: Local News Media

From: Central Michigan District Health Department

RE: CMDHD Offering HIV Testing for World AIDS Day

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Central Michigan District Health Department Recognizes World AIDS Day on December 1.

Extended-hours HIV testing is available by appointment on November 30.

Central Michigan District Health Department (CMDHD) is recognizing World AIDS Day by offering free rapid HIV testing appointments for extended hours on Thursday, November 30 in our Mt. Pleasant office at 2012 E. Preston. Appointments are available from 9:00 a.m. – 6:00 p.m. and can be made by calling 989-314-7570 ext. 1409. Free AIDS awareness red ribbons will be available at all CMDHD offices Monday, November 27 through Friday, December 1, during regular business hours.

“HIV diagnoses are increasing in our state. To help stop the spread of HIV and take control of your health, it is important to know your status by getting tested,” said Anna Reetz, CMDHD Health Promotion Supervisor. According to the [2022 Michigan Statewide HIV Surveillance Report](#), roughly 1 in 558 Michigan residents is living with HIV. Thanks to improved antiretroviral medications, those diagnosed and treated early for HIV can reduce the amount of virus in their systems to an undetectable and untransmittable level.

CMDHD offers confidential testing for HIV, chlamydia, gonorrhea, syphilis, and hepatitis C at low or no-cost. Safe sex supplies, such as condoms and dental dams, are also available for free. We recommend that anyone who is sexually active be tested regularly for STIs and HIV. STI counseling, treatment, and testing are available without parental consent for those 13 years of age and older. Help stop the spread of HIV by knowing your status and using safer sex practices.

World AIDS Day began in 1998 to raise awareness about HIV/AIDS and honor the lives affected by the epidemic. The 2023 theme is “World AIDS Day 35: Remember and Commit.” Every year, agencies from across the world bring attention to the HIV epidemic to increase HIV awareness and knowledge to speak out against

Please visit us online at www.cmdhd.org.

HIV stigma. Learn more about World AIDS Day at <https://www.hiv.gov/blog/world-aids-day-35-remember-and-commit/>.

This article has been brought to you by Central Michigan District Health Department, which serves the counties of Arenac, Clare, Gladwin, Isabella, Osceola, and Roscommon. Visit our website at www.cmdhd.org and follow us on [Facebook](#) and [Instagram](#).

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To request an interview, please visit our website (cmdhd.org) and fill out the [Media Interview Request Form](#).



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