



Central Michigan District Health Department

Promoting Healthy Families, Healthy Communities



Steve Hall, RS, MS
Health Officer

Jennifer Morse, MD, MPH, FAAFP
Medical Director

PRESS RELEASE FOR LOCAL MEDIA

To: Local News Media

From: Central Michigan District Health Department

RE: CMDHD Promoting National LGBTQ Health Awareness Week

Release Date: March 7, 2024

CMDHD is promoting National LGBTQ Health Awareness Week

Central Michigan District Health Department is promoting National LGBTQ Health Awareness Week during the week of March 18. According to a [2021 State of Michigan press release](#), around 373,000 Michigan residents identify as lesbian, gay, bisexual, transgender, and queer (LGBTQ). [National Coalition for LGBTQ Health](#) encourages everyone to speak openly about LGBTQ health, providing an umbrella under which to discuss and raise awareness of mental health, trans health, and ending the stigma through accessible, affirming, and inclusive healthcare services, so that everyone can fully live their truth.

“Taking care of LGBTQ health means taking care of the whole person,” said Anna Reetz, CMDHD Health Promotion Supervisor. “Wearing condoms and getting tested regularly are ways to understand your status and lower your risk for HIV and STIs. Regular testing empowers everyone to manage their sexual health, and it's important to talk to your partner about their status before engaging in sexual relations.”

CMDHD offers sexually transmitted infection (STI) screenings, pregnancy tests, and sexual health education. We also provide free condoms in our Health Promotion office lobby and [online through our website](#). We encourage all LGBTQ residents to be proud and unapologetic about their identities.

This article has been brought to you by Central Michigan District Health Department, which serves the counties of Arenac, Clare, Gladwin, Isabella, Osceola, and Roscommon. Visit our website at www.cmdhd.org and follow us on [Facebook](#) and [Instagram](#).

###

To request an interview, please visit our website (cmdhd.org) and fill out the [Media Interview Request Form](#).

Please visit us online at www.cmdhd.org.