



Central Michigan District Health Department
“Promoting Healthy Families, Healthy Communities”

For more information, call your local CMDHD branch office:

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www.cmdhd.org

Descovy

Descovy contains two antiviral medications and is prescribed to those who do not have HIV, to reduce their chance of getting HIV infection. The medication works best when taken orally every day. This is considered, pre-exposure prophylaxis, or PrEP. You should still use condoms to prevent HIV infection or other sexually transmitted infections (STIs).

Descovy should not be used OR be used with caution if:

- You have an allergy to tenofovir alafenamide or emtricitabine.
- You have ever had liver or kidney disease.
- You are breastfeeding or become pregnant.

Some side effects of Descovy include:

- Headache
- Dizzines
- Upset stomach
- Nausea, vomiting, diarrhea

ALLERGIC REACTION SYMPTOMS: Itching or hives, swelling in your face or hands, swelling, or tingling in your mouth or throat, chest tightness, trouble breathing. If you are experiencing any allergic reaction symptoms, immediately go to the nearest emergency room.

Special Instructions:

- If you miss a dose: Take a dose as soon as you remember, however, if it is almost time for your next dose, skip the dose you missed and resume your regular dosing schedule.
- Do not double doses to make up for a missed dose.
- Descov can be taken with or without food, however taking it with food reduces upset stomach.
- Descovy will treat/manage a Hepatitis B infection until discontinuation. If you become infected with Hepatitis B while taking Descovy, at that time, severe acute Hepatitis B exacerbation may occur. Talk with your provider about the Hepatitis B vaccine.
- If you become infected with HIV while taking this medication, resistance to the ingredients used in Descovy can occur, which are used to treat HIV infection.