

# Project FRESH 2023 Education Options

ATTEND ONE CLASS TO RECEIVE YOUR COUPONS

## Virtual Classes\*:

- Complete the "Buy Local Produce with WIC Project FRESH" lesson at [www.wichealth.org](http://www.wichealth.org).
- Enroll in MSU Extension Preserving MI Harvest virtual class. Scan the QR code for dates, topics and to register.



*\*After completing your virtual class, please call the WIC office to arrange pickup of your coupons.*

## In-Person Classes (receive coupons same day):

- Rifle River Market in Omer - Thursday, July 13th from 1-4pm
- Jay's Fruit Market in Standish - Thursday, June 29th, July 20th, August 3rd, and August 17th from 1-3:30pm



*This institution is an  
equal opportunity  
provider.*

