

# ANYONE CAN GET MONKEYPOX (MPV)

## HOW DOES MPV SPREAD?

- MPV spreads by close skin-to-skin contact with someone who has MPV. This can include hugging, cuddling, massaging, kissing, and intimate or sexual contact.
- MPV can also spread during prolonged, close face-to-face contact from talking, coughing, sneezing, and breathing. This mainly happens when living with or caring for someone who has MPV.
- MPV is also spread by sharing materials used by a person with MPV such as clothing, bedding, towels, fetish gear, and sex toys.
- MPV is not spread through casual, brief conversations or walking by someone, like in a store.

## HOW CAN YOU PREVENT GETTING MPV?

- Talk to your sexual partner(s) about recent illnesses and be aware of any new or unexplained sores or rashes on your body or your partner's body.
- Avoid close contact with people who are sick with fever, sores, or rashes and with materials they may have used.
- Wash your hands often with soap and water or an alcohol-based hand sanitizer.
- If you can't avoid close contact with someone who has symptoms of MPV, do your best to use appropriate personal protective equipment (PPE) (like a mask, gown, and gloves).
- If you have been exposed to someone with MPV, or at high risk of being exposed, get vaccinated.

## WHO SHOULD GET THE MPV VACCINE

- People who have been exposed to MPV.
- People with no known exposure to MPV but at high-risk for exposure. Those that are currently eligible are listed at [www.cmdhd.org/monkeypox](http://www.cmdhd.org/monkeypox).

## WILL THE VACCINE KEEP ME FROM GETTING MPV?

It is not known how well the vaccine will protect you from MPV, so it is very important you still take additional measures to protect against catching or spreading MPV.



**Central Michigan District Health Department**

*Promoting Healthy Families, Healthy Communities*

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