



Central Michigan District Health Department

Promoting Healthy Families, Healthy Communities



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To: Local News Media

From: Central Michigan District Health Department

RE: Back to School Immunization Requirements

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Are your children up to date with their immunizations?

Protect your school-aged children against vaccine-preventable diseases by getting them and your entire family immunized. This will help them stay healthy and will meet school requirements, too!

Central Michigan District Health Department (CMDHD) wants to remind parents that immunizations are just one of the many things to think about when a new school year rolls around, especially if your child is entering kindergarten, 7th grade or changing school districts. Immunizations are one of the best protections you can provide for your kids, your family, and your community. It is a public health priority to protect our communities against diseases that are prevented by a vaccine. Vaccination rates are currently at an all-time low in some of our communities. We are working diligently to improve disease prevention efforts -- specifically, immunizations. We highly encourage vaccine appointments to catch up on these important immunizations for both kids and adults. All vaccines are available at your local health department office or from many local doctors' offices.

School-aged children need to be protected against Tetanus, Pertussis (whooping cough), Diphtheria, Polio, Measles, Mumps, Rubella, Hepatitis B, Meningococcal and Chickenpox (Varicella). The number of doses needed varies by age. Immunization requirements for school-aged children can be found [here](#). Childcare and preschool immunization requirements can be found [here](#). This year, it is more important than ever that kids are protected from vaccine-preventable diseases. When a child is not protected with immunizations, they are at higher risk of getting sick. When there is an outbreak of a vaccine-preventable disease in a school, the children who are not protected with the appropriate vaccine can and most likely will be excluded from school until the outbreak or quarantine period is over. Students will not be excluded if they have not received a COVID vaccination under the current recommendations; however, we still highly encourage COVID-19 vaccination. The COVID vaccine is safe and has been approved for children starting at 6 months of age. Vaccinations will keep your kids both healthy and in school!

Please visit us online at www.cmdhd.org.

If a parent or guardian does not wish their child to have any or all the school-required immunizations, they must meet with a registered nurse from a local health department to discuss the benefits of vaccines and potential risks of vaccine-preventable diseases. As of January 2015, schools require nonmedical immunization waivers for those kids who are not fully immunized, and these waivers will be completed during the local health department education appointment. This rule does not take away the right to obtain a nonmedical waiver. Immunization waivers for medical reasons must be obtained from a physician.

As the new school year approaches, it is very important to talk with your physician or local health department to make sure your children are fully immunized and ready for school! We need to protect our children and families. Without vaccine protection, we are all at risk of serious disease outbreaks that could have been prevented by a vaccine. Central Michigan District Health Department provides immunizations by appointment for those with and without medical insurance coverage, and we bill most insurances. No child is turned away for immunizations based on an inability to pay. For more information, to set up an appointment for immunizations, or to discuss nonmedical waivers, contact the Personal Health department at (989) 314-7570.

This article has been brought to you by Central Michigan District Health Department, which serves the counties of Arenac, Clare, Gladwin, Isabella, Osceola, and Roscommon. Visit our website at www.cmdhd.org and follow us on [Facebook](#) and [Instagram](#).

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To request an interview, please visit our website (cmdhd.org) and fill out the [Media Interview Request Form](#).

