



Central Michigan District Health Department

Promoting Healthy Families, Healthy Communities



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PRESS RELEASE FOR LOCAL MEDIA

To: Local News Media

From: Central Michigan District Health Department

RE: CMDHD Promoting National Women and Girls HIV/AIDS Awareness Day

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CMDHD Promoting National Women and Girls HIV/AIDS Awareness Day

Central Michigan District Health Department (CMDHD) is promoting National Women and Girls HIV/AIDS Awareness Day on March 10. CMDHD offers free HIV rapid testing, confirmatory testing with linkage into care, self-HIV test kits, and anonymous partner notification services. We also offer a safe and sterile syringe service, providing sterile equipment for people who inject drugs. Prevention services, contraception, risk reduction, and abstinence education are available at every appointment.

According to the [Centers for Disease Control and Prevention](#), approximately 23% of individuals living with HIV in the United States were assigned female at birth (AFAB). In 2019, AFAB individuals constituted around 18% of newly diagnosed cases, with those aged 25 to 34 making up the highest percentage. This group, especially those who are black and/or Hispanic, remains susceptible to infection. In 2018, black individuals accounted for the highest number of new HIV diagnoses among AFAB individuals. About 14% of transgender women are estimated to have HIV. Approximately 46% of black transgender women, 35% of Latina transgender women, and 13% of white transgender women were diagnosed with HIV in 2019.

“Transgender women often face stigma and discrimination, encountering healthcare providers lacking knowledge about transgender issues and inclusive language,” said Anna Reetz, CMDHD Health Promotion Supervisor. “CMDHD is an inclusive space for people of all ages, gender identities, and sexualities.”

To learn more about HIV/AIDS, safe sex, or CMDHD programs, please visit [our website](#). To schedule an educational presentation for a group, fill out the [Sexual Health Education Request Form](#). Additional information and history for National Women and Girls HIV/AIDS Awareness Day can be found at womenshealth.gov/nwghaad.

Please visit us online at www.cmdhd.org.

This article has been brought to you by Central Michigan District Health Department, which serves the counties of Arenac, Clare, Gladwin, Isabella, Osceola, and Roscommon. Visit our website at www.cmdhd.org and follow us on [Facebook](#) and [Instagram](#).

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To request an interview, please visit our website (cmdhd.org) and fill out the [Media Interview Request Form](#).



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