



Central Michigan District Health Department

Promoting Healthy Families, Healthy Communities



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PRESS RELEASE FOR LOCAL MEDIA

To: Local Media Outlets
From: Central Michigan District Health Department
RE: CMDHD Hosting Save a Life Day Event in Mt. Pleasant
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CMDHD Hosting Save a Life Day to Combat Overdose Deaths in Central Michigan

Free naloxone, harm reduction supplies, and testing available during event

Central Michigan District Health Department (CMDHD) will host **Save a Life Day** on **Thursday, September 25, 2025**, from **7:30 a.m. to 2:00 p.m.** at **Island Park in Mt. Pleasant**. This free event is part of a large effort across the United States to prevent overdoses and save lives.

CMDHD mobile unit staff will give out free naloxone kits and teach people how to use them. Naloxone, known by brand names like *Narcan* and *Padagis*, is a nasal spray that can temporarily reverse an opioid overdose. It works fast and is easy to use. Our staff will also offer rapid testing for HIV, hepatitis C, and syphilis, in addition to distributing sterile supplies, fentanyl and xylazine test strips.

“We are excited to host this event, which emphasizes reducing stigma around substance use disorder and providing related resources to the community,” said Anna Reetz, CMDHD Community Health Supervisor. “CMDHD prioritizes these goals, as well -- especially through our Syringe Service Program, Exchange Central.”

Access to sterile syringes is an evidence-based public health service that reduces HIV and hepatitis C infections. Exchange Central offers a place to connect with other supplies and resources, such as healthcare and drug treatment. We offer a safe place for people who use substances or are affected by substance use. Through respect and connection, we are committed to ensure syringe access and overdose prevention for all. Learn more about Exchange Central by visiting our [website](#) and [Facebook page](#).

Save a Life Day is led by SOAR WV, a group based in West Virginia that supports people affected by substance use. Last year, more than 650 Save a Life Day events were hosted in 35 states, distributing over 84,000 naloxone doses and other harm reduction supplies. This year is projected to make an even larger impact. For more information, visit the [SOAR WV website](#) or follow CMDHD on [Facebook](#).

Please visit us online at www.cmdhd.org.

This article has been brought to you by Central Michigan District Health Department, which serves the counties of Arenac, Clare, Gladwin, Isabella, Osceola, and Roscommon. Visit our website at www.cmdhd.org and follow us on [Facebook](#) and [Instagram](#).

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