



Central Michigan District Health Department
“Promoting Healthy Families, Healthy Communities”

For more information, call your local CMDHD branch office:

Arenac (989) 846-6541/Clare (989) 539-6731/Gladwin (989) 426-9431/
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www.cmdhd.org

Doxycycline

Doxycycline is an antibiotic used to treat infections, specifically to treat Chlamydia a sexually transmitted disease.

Tell your health care provider if you are taking any of the following: Antacids, Calcium supplements, Questran, Trilisate, Colestid, Iron containing medicines, Laxatives, or Penicillins.

Doxycycline should not be used if:

- You have been sensitive to any “cycline” in the past
- You are pregnant or breastfeeding
- You have liver disease, you are more likely to have side effects.

Some side effects of Doxycycline include:

- Rash
- Vomiting
- Sore tongue
- Nausea
- Diarrhea
- Yeast infections

Call the clinic or your physician immediately if you experience any of these symptoms.

Directions for the use of this medication:

- Take with a full 8 ounces of water
- Take on an empty stomach unless the medicine upsets your stomach.
- Do not take with milk or dairy products or 1-2 hours from taking your medicine
- Do not take with iron products
- Throw away discolored or outdated medicine.
- If you miss a dose, take it as soon as possible. If it is close to your next dose, skip the missed dose and go back to your regular schedule. Do NOT double doses.

Special Instructions:

- You will be more sensitive to sunburn while taking this medication. Avoid excessive sunlight and tanning beds. Use a sunblock of at least SPF 15.
- If you use birth control pills, use a back-up method while taking Doxycycline and for one week after the last dose.